



Alyssa Stephany

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EXECUTIVE COACH &
HEALTHCARE LEADERSHIP
CONSULTANT

ABOUT ALYSSA STEPHANY

Alyssa Stephany is clinically trained as a Med-Peds Hospitalist and the Founder and CEO of A.I.M. (Authentic, Innovative, Manageable) Coaching & Consulting. Drawing from extensive physician and executive experience, she advocates for solutions which stem from combining frontline clinical expertise and innovation, operationalized for sustainable impact in healthcare and beyond.

Alyssa has twenty-five years of extensive experience across many healthcare environments and healthcare related areas, from academic professorship to private healthcare spaces, non-profit to for-profit, inpatient to outpatient, research and discovery to operation and execution, and from NICU to adult care facilities.

Alyssa is dedicated to helping people reach their potential in both their professional and personal lives. Her variety of expertise allows her to create mutual understanding and align priorities between the executive suite and frontline medical providers.

At the individual, team, and multi-departmental level, Alyssa has used her coaching expertise to work with clients to improve patient experience scores, clinical outcomes, process metrics, well-being metrics, diversity workforce assessment scores, and the quality of physician leadership, as well as increasing retention. Ultimately, the coachee defines what success looks like, and Alyssa is committed to delivering a customized approach that meets their needs.

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Coaching creates the time and space for you to explore your own authentic insights into the challenges and priorities surfacing in your work and life

SERVICES OFFERED



Individual Coaching

One-on-one coaching to unlock potential, clarify goals, and drive meaningful growth



Team Coaching

Strengthen collaboration, communication, and performance across teams



Strategy & Innovation

Partnering to create innovative, sustainable solutions that drive impact



Professional Development

Supporting growth through leadership development and career advancement



Team Engagement

Build connected, high-performing teams through trust and engagement



Speaking Presentations

Engaging, interactive presentations on leadership, well-being, and innovation

CREDENTIALS & EDUCATION



COACHING
CERTIFICATE

UC Berkley



PROFESSIONAL COACHING
CERTIFICATE

International Coaching Federation



INTERNAL MEDICINE
PEDIATRICS RESIDENCY

Duke University Medical Center



MASTER'S DEGREE FROM
UT DALLAS

Healthcare Leadership & Management



LEAN SIX
SIGMA

Black Belt Trained



Authentic Conversations
Innovative Ideas
Manageable Solutions



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